

**PROJECT TITLE > ADD UP - ADESÃO/ADERIRE**

**PROJECT RESOURCE > SENZA CONFINI DI PELLE / REISS ARTI PERFORMATIVE  
SALA CRISANTEMPO – NUCLEO DE GARAGE (Br)  
MECKLENBURG INSPIRIERT (Deutschland)**



### **PROJECT DESCRIPTION**

We want to continue our research on the outer space and the inner space, in the meaning of doing part of our research on the street between the citizens and in the public spaces and part of the research in rehearsal space.

With the project ADD UP we want to explore the possibility to **add** the bodies onto the objects that you can find in the street like walls, laps, stairs, trees, fountains, windows, doors, trash cans, and also imitate the posture of the people, their way to walk, their stay on the street.

After in the rehearsal space all the body material found will be transformed into actions and dances that will create the new show.

The project is divided into three parts:

1. Research
2. Workshop
3. Performance

The research is the link between the workshop and the performance. How the bodies add up on the street object is the focus of our research that starts from the empirical data to arrive to a scientific theory. The hypothesis from which we started is that the postures of the bodies are an important manifestation of a culture in its contemporary, understood as summation, stratification of previous cultures. Every culture has its own repertoire of postures. So, different cultures manifest themselves through different actions (postures on movement) and



through different gestures of interaction. The gesture always accompanies the spoken language. Each culture has own specific non verbal behavior and own way of interaction.

In our work we catch the postures from the street daily life and we put them in a new shape with other postures born from the adhesion with the street objects and we create a performance were the posture became a sort of metropolitan behavior dance which speaks about identity, unity and humanity of a specific culture.

### *1. RESEARCH*

We have two principal objectives in our research:

> to analyze contemporary urban culture through his citizen's postures and relation with the street furniture: we want to see if the values of a culture are expressed through his actions and how.

> to build, through the process of abstraction, a dance peculiar to each place where the investigation takes place, as already done in Italy with the show "Società Italiana Gesti". We intend to detect, collect, analyze spontaneous postures of the people.

We work through direct observation and recording.

We select specific gathering places of public life, for example parks, restaurants, theatres, market, places.

### *2. WORKSHOP*

The workshop is the place where from the empiric practice we go to scientific research. The workshop is divided into two parts: first part is about the basic exercises about rules of movement, second part is about creative exercises to create the final performance.

### *ITEMS OF WORKSHOP*

We work on attention, on the rhythm, on the common and personal suggestions, awakening the forget energy, about the need to express the troubles of contemporary life.

We explore the basic functions of the human machine and the processes of reaction and creation: the crossing of the space in relation to gravity, the perception of inner and outer space, the influences given by the proximity and distance of another body, the emotional and intellectual influences, imagination as a possible escape, the state of awareness, the creative flow, the composition.

### *3. PERFORMANCE*

#### **DESCRIPTION:**

The performance is the result of the translation of the postures into a dance. All the postures caught from the citizens and from the adhesion to the street furniture are reorganized into an abstract choreography. It is an aesthetic operation which combined with videos, photos and audios recorded from the street creates the structure of the performance.